



ROYAL PLAZA SHOPPING CENTER
417 South Street • Front Royal, VA 22630

Monday through Saturday: 9:00am - 7:00pm; Sunday: 12:00pm - 5:00pm

ph 540-636-9209 • www.betterthymes.com



Sale Prices Good July 1st Thru July 31st, 2019



**Better Thymes Natural Foods
will be
OPEN**

**Thurs, July 4th
9:00am - 2:00pm**



**Celestial Seasonings
Herbal Tea
Zingers
20 BAG**

\$2.99

**Terra Chips
Sweet Potato
Chips
No Salt Added
6 OZ**



2/\$5

Rich and flavorful sweet potatoes are cooked to perfection with no salt added.

**Essentia Water
Electrolyte Enhanced
Water
1 LTR**



\$1.79

*Drink to a
healthy, happy,
hydrated you!*



**Late July Snacks
Organic
Tortilla Chips
Thin & Crispy Sea Salt
or
Sea Salt & Lime
11 OZ**

2/\$6

reg. price: \$4.49



**Frontera Foods
Tomatillo Salsa
Medium
16 OZ**



\$2.99

reg. price: \$4.99



**Health Warrior
Chia Bars
.88 OZ**

\$1.49
reg. price: \$1.95



**Annie's Naturals
Organic
Ketchup
24 OZ**

\$3.29
reg. price: \$4.29



Combining ripe organic tomatoes and a blend of spices that is sure to please ketchup lovers everywhere.

**Bragg
Organic Dressings &
Marinades
Vinaigrette
12 FL OZ**

\$4.79

reg. price: \$6.99



*Makes any
salad special
with its tasty,
tangy flavor.*



**Lightlife Foods
Smart Dogs
Meatless Veggie
Hot Dogs
12 OZ**

\$3.29

*Made with meatless ingredients and only contains
2g of fat per serving.*

**Lightlife Foods
Organic Smoky
Tempeh Strips
Fakin' Bacon**

\$3.79
reg. price: \$6.39

*A rich, bold flavor of tempeh,
this organic treat is one to be
savored. Fakin' bacon brings
that smoky, savory flavor to
sandwiches, salads, or baked
as a main course.*



**Three Twins
Organic
Ice Cream**

**Pints
choose your
favorite flavors!**

\$3.59
reg. price: \$6.29



**Three Bakers
Whole Grain
Bread
7 Ancient Grains
17 OZ**

\$5.79
reg. price: \$

*A hearty bread made
from 7 ancient whole
grains: Amaranth, Hemp,
Quinoa, Teff, Sorghum,
Flax & Millet.*



**Bulk
organic
Turkish
Figs**

\$5.99/lb

**Bulk
organic
Pecans**

\$13.99/lb



**Bubbies Of San Francisco
Sauerkraut
Traditional
or
Spicy
25 OZ**



\$5.99



*A fat free and a low calorie food,
without sugar, vinegar or preservatives.*



**So Delicious
Coconutmilk
Yogurt
Unsweetened
plain or vanilla
24 OZ**

\$5.49

*A thick and creamy yogurt alternative made
with coconut and only 7g of total fat.*



**Three Twins
Organic
Cones
Cake Cones
1.75 OZ**

\$1.79
reg. price: \$3.29

*Now you can enjoy Three Twins
organic ice cream in their own cones!*

**Harmless Harvest
Organic Coconut
Water
16 FL OZ**



2/\$9

*A refreshing and organic
coconut water made from
sustainable practices.*



**San-J
BBQ Grilling &
Barbecue Sauce
Asian
&
Hot, Spicy
Szechuan Sauce
10 FL OZ**

\$2.99
reg. price: \$4.49

**Woodstock
organic
Pinenuts
6 OZ**

\$11.95
reg. price: \$17.99

The highest protein content of any nut, pine nuts are a nutritious addition to salads.



**Glee
Natural Gum
Peppermint
Spearmint
&
Bubble Gum
16 PC**

99¢
reg. price: \$1.49



**Wow Baking
Cookies
8 OZ**

\$4.50
reg. price: \$6.69



Moist, chewy gourmet, gluten free cookies in a re-sealable bag!



Pack a natural picnic!

PICNIC TIME!
**Did you know that
Better Thymes
Natural Foods
has a nice variety of
take out foods?
sandwiches,
salads,
chips,
drinks**

*Let us help you
fill your basket!*



**Nunaturals
NuStevia
Powder
White Stevia
100 PKT**

\$6.50
reg. price: \$9.99

*The perfect all-purpose
sweetener to use on the go.*



**Modern Products
Seasonings
3 OZ**

\$1.99
reg. price: \$3.29



**Sweet Leaf
Water Drops
Lemon Lime
Peach Mango
Rasp Lemon
Straw Kiwi
1.62 FL OZ**

\$2.99
reg. price: \$4.65

**Celtic Sea Salt
Reseal Bag
Fine Ground
1 LB**

\$8.95
reg. price: \$12.49



Authentic, unprocessed, gourmet, kosher, whole salt from the most pristine coastal regions.